# ECCOS-TCS INTERNATIONAL CONGRESS



#### **JUNE 2024 24-25 2024 PARS 16 RUE JEAN REY 75015**

## **Mechanical Unloading Trials**

#### Critical appraisal of rationale & evidence

Dirk Donker MD PhD • Cardiologist - Intensivist







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## **Conflicts of interest**

Research cooperation & consultancy

- Getinge Maquet Critical Care AB
- Abiomed
- Hbox GmbH
- Sonion BV

## www.paris-ecostcs.com





#### **Importance of nomenclature, definitions & understanding**



#### Importance of nomenclature, definitions & understanding Unload, offload ...



#### Importance of nomenclature, definitions & understanding Unload, offload ... NOT OFFSIDE – simply a GOAL !?



x.com/ESPNFC 21. June 2024



## **Cardiac unloading**



Burkhoff D. Interventional Cardiology Review 2019



#### Left Ventricular Support by Catheter-Mounted Axial Flow Pump Reduces Infarct Size

Bart Meyns, MD, PHD, Jarek Stolinski, MD, Veerle Leunens, Erik Verbeken, MD, PHD, Willem Flameng, MD, PHD

Leuven, Belgium





The physiology of venoarterial extracorporeal membrane oxygenation - A comprehensive clinical perspective

Libera Fresiello,<sup>1</sup> Jeannine A.J. Hermens,<sup>2</sup> Lara Pladet,<sup>2</sup> Christiaan L. Meuwese<sup>3,4</sup> and Dirk W. Donker<sup>1,2</sup>

- Unloading or decompressing strategies: • to reduce mechanical (over-)load on the LV depends on LV cavity pressures & geometry (Laplace's law)
- Venting strategies: .

to assure transpulmonary & transcardiac blood flow to prevent LV cavity & aortic root thrombosis

#### **Combined MCS strategies:** • VA ECMO & adjunct device to increase total systemic blood flow >> VA ECMO alone





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European Journal of Heart Failure (2023) **25**, 2037–2046 doi:10.1002/ejhf.3014

#### Early left atrial venting versus conventional treatment for left ventricular decompression during venoarterial extracorporeal membrane oxygenation support: The EVOLVE-ECMO randomized clinical trial

Hanbit Park<sup>1,2</sup>, Jeong Hoon Yang<sup>3</sup>, Jung-Min Ahn<sup>1</sup>, Do-Yoon Kang<sup>1</sup>, Pil Hyung Lee<sup>1</sup>, Tae Oh Kim<sup>1</sup>, Ki Hong Choi<sup>3</sup>, Pil Je Kang<sup>4</sup>, Sung-Ho Jung<sup>4</sup>, Sung-Cheol Yun<sup>5</sup>, Duk-Woo Park<sup>1</sup>, Seung-Whan Lee<sup>1</sup>, Seung-Jung Park<sup>1</sup>, and Min-Seok Kim<sup>1\*0</sup>

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European Journal of Heart Failure (2023) **25**, 2037–2046 doi:10.1002/ejhf.3014

Early left atrial venting versus conventional treatment for left ventricular decomposed left atrial during venoarterial extrace transseptal left atrial oxygenation support the ECMO venous circuit. Note: the femoral vein into the ECMO venous unloading using percutaneous venous venous venous unloading using percutaneous venous venous venous unloading using percutaneous venous venous venous venous unloading using percutaneous venous venous venous venous unloading using percutaneous venous venous

<sup>1</sup>Division of Cardiology, Department of Internal Medicine, Asan Medical Center Heart Institute, University of Ulsan College of Medicine, Seoul, Republic of Korea; <sup>2</sup>Division of Cardiology, Department of Medicine, Gangneung Asan Hospital, University of Ulsan College of Medicine, Gangneung, South Korea; <sup>3</sup>Division of Cardiology, Department of Internal Medicine, Heart Vascular Stroke Institute, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, South Korea; <sup>4</sup>Department of Thoracic and Cardiovascular Surgery, Asan Medical Center, University of Ulsan College of Medicine, Seoul, South Korea; and <sup>5</sup>Department of Clinical Epidemiology and Biostatistics, Asan Medical Center, University of Ulsan College of Medicine, Seoul, South Korea;



### LV Unloading During Veno-Arterial ECMO

comparison of LV unloading interventions



Donker DW et al. Perfusion 2019



#### Left Ventricular Unloading During Veno-Arterial ECMO: A Simulation Study

DIRK W. DONKER,\* DANIEL BRODIE, † JOSÉ P. S. HENRIQUES, ‡ AND MICHAEL BROOMɧ¶ ||

													LV Coronary	/	
		ECMO	Heart	MAP	MPAP	LV EDV	LV ESV	LV SV	LV EF	LV PVA	PCWP	RAP	Flow		
		Flow (L/min)	Rate (/min)	(mm Hg)	(mm Hg)	(mL)	(mL)	(mL)	(%)	(mm Hg mL)	(mm Hg)	(mm Hg)	(mL/min)	Qp/Qs	` Comment
1	Normal	0	100	101	17	121	51	70	58%	11.470		4	164	99%	
2	LV heart failure	0	100	61	33	158	127	31	20%	5946	30	11	67	97%	
3	+VA ECMO 4 L/min	4	100	85	36	173	161	12	7%	8076	35	10	106	21%	Increase in LV
4	+Afterload ↓	4	100	65	33	161	134	27	17%	6294	30	10	74	38%	loading
5	+800 mL blood volume ↓ + afterload ↓	4	100	65	25	153	135	18	12%	5945	22	3	85	30%	
6	+Inotropic support +	4	100	65	22	138	103	36	26%	6305	17	3	90	46%	
7	+IABP (no inotropic support)	4	100	65	24	149	125	24	16%	5343	21	3	121	36%	Increase in coronary flow
8	+Impella 2.5 L/min	4	100	72	23	143	131	13	9%	5600	20	3	106	40%	
9	+Impella 5.0 L/min	4	100	89	19	118	100	18	16%	3775	13	3	159	55%	
10	+Impella 5.0 L/min + afterload 1	4	100	65	19	118	100	18	16%	3811	13	3	106	55%	
11	+ASD 0.5 cm <sup>2</sup>	4	100	58	20	123	114	9	7%	4133	14	4	85	105%	
12	+ASD 1.0 cm <sup>2</sup>	4	100	54	19	107	102	4	4%	3158	10	5	84	150%	
13	+ASD 1.5 cm <sup>2</sup>	4	100	52	18	98	95	2	2%	2683	8	5	83	175%	Risk of LV
14	+ASD 1.5 cm <sup>2</sup> + afterload $\uparrow$	4	100	65	18	98	97	1	1%	2740	8	5	112	177%	Risk of LV
15	+Pulmonary artery venting	4	100	63	22	146	130	15	11%	5490	20	3	77	26%	thombus
16	+Left atrial venting 1.25L/	4	100	63	23	145	130	15	11%	5477	20	3	77	49%	
17	+Left ventricular venting 1.90 L/min	4	100	61	23	142	119	23	16%	5120	19	4	74	58%	

Table 1. Hemodynamic Data for Normal Physiology, Isolated Left Ventricular (LV) Failure and LV Failure Supported With VA ECMO and Various Adjunct Therapies



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#### The EVOLVE-ECMO randomized controlled trial



Figure 1 Study flow-chart. CPR, cardiopulmonary resuscitation; LV, left ventricular; VA-ECMO, venoarterial extracorporeal membrane oxygenation.



### The EVOLVE-ECMO randomized controlled trial





#### The EVOLVE-ECMO randomized controlled trial Early versus late LV unloading

#### LV unloading during VA-ECMO - 86.7% of all cases !

- 29 (96.7%) cases early LV unloading
  LV unloading after VA-ECMO initiation; median 2.4 h (1.2-7.9 h)
- 23 (76.7%) cases conventional LV unloading group LV unloading after VA-ECMO initiation; median 48.4 h (47.8-96.5 h)



Figure 1 Study flow-chart. CPR, cardiopulmonary resuscitation; LV, left ventricular; VA-ECMO, venoarterial extracorporeal membrane oxygenation.



### The EVOLVE-ECMO randomized controlled trial

	Early LV unloading group ( <i>n</i> = 30)	Conventional LV unloading group ( <i>n</i> = 30)	p-value
Medication at randomization, <i>n</i> (%)			
IV dobutamine	12 (40.0)	9 (30.0)	0.417
IV dopamine	7 (23.3)	7 (23.3)	0.999
IV norepinephrine	26 (86.7)	26 (86.7)	0.999
IV milrinone	1 (3.3)	1 (3.3)	0.999
IV vasopressin	15 (50.0)	10 (33.3)	0.190
IV furosemide	9 (30.0)	9 (30.0)	0.999
Vital signs at randomization			
Systolic blood pressure, mmHg	95.8 <u>+</u> 25.2	86.3 <u>+</u> 17.2	0.099
Diastolic blood pressure, mmHg	69.0 <u>+</u> 20.5	63.7 <u>+</u> 17.0	0.288
Mean blood pressure, mmHg	77.9 <u>+</u> 20.4	71.9 <u>+</u> 15.1	0.206
Heart rate, bpm	82.2 ± 28.0	93.8 <u>+</u> 29.2	0.124
		Ļ	
30 (100.0%) Were inclu in the final analysis	ded	30 (100.0%) Were included in the final analysis	

Figure 1 Study flow-chart. CPR, cardiopulmonary resuscitation; LV, left ventricular; VA-ECMO, venoarterial extracorporeal membrane oxygenation.





Donker DW et al. ASAIO 2018



Donker DW et al. ASAIO 2018



Donker DW et al. ASAIO 2018



Donker DW et al. ASAIO 2018

## Cardiac energetics physics meets biology !?

Effect of contractility on oxygen consumption



Burkhoff D. et al. Catheterization and Cardiovascular Interventions 2012

### **Cardiac energetics in physics**

Pressure volume loop area and heart rate



Burkhoff D. RadcliffCardiology 2021



#### The EVOLVE-ECMO randomized controlled trial

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Mean blood pressure, mmHg	77.9 <u>+</u> 20.4	71.9 ± 15.1	0.206
Heart rate, bpm	$82.2\pm28.0$	93.8 ± 29.2	0.124
Pulmonary oedema on chest radiography, n (%)	29 (96.7)	29 (96.7)	0.999
LA pressure on catheterization, mmHg	17.9 ± 10.2	21.9 ± 11.9	0.449

#### Table 2 Medication, vital signs, and laboratory data at randomization

Figure 1 Study flow-chart. CPR, cardiopulmonary resuscitation; LV, left ventricular; VA-ECMO, venoarterial extracorporeal membrane oxygenation.



#### The EVOLVE-ECMO randomized controlled trial

#### Therapeutic trial - early versus late LV unloading







P = 0.705

After 48hrs

Baseline

P = 0.008

After 48brs

Baseline

### **Clinical intuition driven LV unloading ...**

#### Intra-Aortic Balloon Pump Effects on Macrocirculation and Microcirculation in Cardiogenic Shock Patients Supported by Venoarterial Extracorporeal Membrane Oxygenation\*

Thibaut Petroni, MD<sup>1</sup>; Anatole Harrois, MD, PhD<sup>2</sup>; Julien Amour, MD, PhD<sup>3</sup>; Guillaume Lebreton, MD<sup>4</sup>; Nicolas Brechot, MD, PhD<sup>1</sup>; Sébastien Tanaka, MD<sup>2</sup>; Charles-Edouard Luyt, MD, PhD<sup>1</sup>; Jean-Louis Trouillet, MD<sup>1</sup>; Jean Chastre, MD<sup>1</sup>; Pascal Leprince, MD, PhD<sup>4</sup>; Jacques Duranteau, MD, PhD<sup>2</sup>; Alain Combes, MD, PhD<sup>1</sup>



Petroni T et al. Crit Care Med. 2014

#### PCWP with/ without IABP during ECMO



NMA U 3

Petroni T et al. Crit Care Med. 2014

Original scientific paper

Intra-aortic balloon pump protects against hydrostatic pulmonary oedema during peripheral venoarterial-extracorporeal membrane oxygenation

Nicolas Bréchot<sup>1,2</sup>, Pierre Demondion<sup>3,4</sup>, Francesca Santi<sup>3</sup>, Guillaume Lebreton<sup>3,4</sup>, Tai Pham<sup>5,6</sup>, Apostolos Dalakidis<sup>7</sup>, Laetitia Gambotti<sup>8</sup>, Charles-Edouard Luyt<sup>1,4</sup>, Matthieu Schmidt<sup>1,4</sup>, Guillaume Hekimian<sup>1,4</sup>, Philippe Cluzel<sup>4,7</sup>, Jean Chastre<sup>1,4</sup>, Pascal Leprince<sup>3,4</sup> and Alain Combes<sup>1,4</sup>



European Heart Journal: Acute Cardiovascular Care 1–8 © The European Society of Cardiology 2017 Reprints and permissions: sagepub.co.uk/journalsPermissions.nav DOI: 10.1177/2048872617711169 journals.sagepub.com/home/acc





#### IABP protects against hydrostatic pulmonary edema during peripheral VA ECMO





Bréchot N et al. Eur Heart J: Acute Cardiovasc Care 2017

#### **ORIGINAL RESEARCH ARTICLE**

Early Left Ventricular Unloading or Conventional Approach After Venoarterial Extracorporeal Membrane Oxygenation: The EARLY-UNLOAD Randomized Clinical Trial

Min Chul Kim<sup>®</sup>, MD, PhD; Yongwhan Lim<sup>®</sup>, MD; Seung Hun Lee<sup>®</sup>, MD, PhD; Yoonmin Shin, MD; Joon Ho Ahn, MD, PhD; Dae Young Hyun<sup>®</sup>, MD, PhD; Kyung Hoon Cho<sup>®</sup>, MD, PhD; Doo Sun Sim<sup>®</sup>, MD, PhD; Young Joon Hong<sup>®</sup>, MD, PhD; Ju Han Kim, MD, PhD; Myung Ho Jeong<sup>®</sup>, MD, PhD; Yong Hun Jung, MD, PhD; In-Seok Jeong, MD, PhD; Youngkeun Ahn<sup>®</sup>, MD, PhD



**Prophylactic** trial - randomized transseptal LA venting



Kim MC et al. Circulation 2023



Randomized transseptal LA venting







Randomized transseptal LA venting

Subgroup	Early N(%)	Conventional N(%)	Hazard Ratio	<i>P</i> value	<i>P</i> for interaction
Overall	27/58 (46.6%)	26/58 (44.8%)	<b>⊢⊨</b> 1	0.942	
Age, years					0.164
<70	10/24 (41.7%)	8/28 (28.6%)		0.334	
≥70	17/34 (50%)	18/30 (60%)		0.325	
Sex					0.924
Female	10/19 (52.6%)	7/15 (46.7%)	<b>⊢</b>	0.971	
Male	17/39 (43.6%)	19/43 (44.2%)	<b>⊢</b>	0.965	
Origin of cardiogenic shock					0.215
Non-ischemic	7/19 (36.8%)	10/20 (50%)	<b>⊢</b>	0.355	
Ischemic	20/39 (51.3%)	16/38 (42.1%)	<b>⊢ − −</b> − − − − − − − − − − − − − − −	0.426	
Extracorporeal CPR					0.746
No	16/33 (48.5%)	13/30 (43.3%)	⊢	0.789	
Yes	11/25 (44%)	13/28 (46.4%)		0.823	
			0.20 0.50 1.0 2.0 5	Г 5.00	
			< Early better Conventional bette	r>	

Kim MC et al. Circulation 2023



**Prophylactic** trial - randomized transseptal LA venting

- '1<sup>st'</sup> RCT 'early routine LV unloading' *vs* conventional VA ECMO
  - Early = <12 h after VA ECMO
- No reduction of all-cause mortality at short term (30 days)
- 50% crossed over for 'rescue LV unloading clear indication'
  - Increased afterload
  - LV distension with blood stagnation
  - No or minimal opening of AoV with no or minimal arterial pulse wave
  - Medically refractory pulmonary congestion



Randomized transseptal LA venting



#### More evidence for LV unloading ... ? ORIGINAL ARTICLE 6 2019 THE AUTHORS, PUBLISHED BY ELSEVIER ON BEHALF OF THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION. THIS IS AN OPEN ACCESS ARTICLE UNDER CULLEDE OF CARVIOLOUT FOUNDATION. 1913 13 AN UFEN ACCESS ARTICLE UNDE THE CC BY-NC-ND LICENSE (http://creativecommons.org/licenses/by-nc-nd/4.0/). Left Ventricular Unloading Is Associated With Lower Left Ventricular Unloading Is Associated Shock Treated Mortality in Patients With Cardiogenic Shock Treated Optimal Strategy and Ti-Nortality in Patients With Cardiogenic Shock Treated With in Patients With Cardiogenic Shock Treated Oxygenation With Venoarterial Extracorporeal Membrane Cohort Study Left Ventricular Unloading During Left Ventricular Unloading Is Associated With Lower Nortality in Patients With Cardiogenic Shock Treated Nortality in Patienta Extracorporeal Membrane Oxydena With Venoarterial Extracorporeal Membrane Jult Circulatory Support Jult Circulatory C Extracorporeal Membrane Oxygenation in Patients With Cardiogenic Shock Juan J. Russo, MD,<sup>a</sup> Natasha Aleksova, MD,<sup>b</sup> Ian Pitcher, MD,<sup>a</sup> Etienne Couture, MD, MPH,<sup>a</sup> Simo NUSO, MD, IVALASHA AHEKSOVA, MD, IAH FILCHET, MD, ELIEHINE COULURE, MD, MFH, SHI and Faraz, MD, a Sarah Visintini, BA, MLIS, Trevor Simard, MD, a Pietro Di Santo, MD, latasha Aleksova, MD,<sup>b</sup> Ian Pitcher, MD, <sup>a</sup> MD, <sup>a</sup> Pietro Di Sano, MD, <sup>a</sup> Abdulrahman A. Al-Fares, D, <sup>a</sup> Sarah Visintini, BA, MLIS, <sup>a</sup> Trevor Simard, MD, <sup>c</sup> A. Reshad Garan, MD, <sup>c</sup> A. Dave Nagpal, Al-Fares, ND, <sup>b</sup> Sarah Visintini, BA, MS, <sup>a</sup> Koji Takeda, MD, PhD, <sup>c</sup> A. Reshad Garan, MD, <sup>c</sup> A. Dave Nagpal, MD, MH, <sup>c</sup> A. Dave Nagpal, MD, <sup>c</sup> A. Dave Nagpal, MD, MH, <sup>c</sup> A. Dave Nagpal, MD, <sup>c</sup> A. Dave Nagpal, <sup>c</sup> ASAIO lournal 2019 Adult Circulatory Support Simultaneous Venoarterial Extracorporeal Membrane **Oxygenation and Percutaneous Left Ventricular Decompression**

Therapy with Impella Is Associated with Improved Outcomes in Refractory Cardiogenic Shock

SANDEEP M. PATEL.\* JERRY LIPINSKI, \* SADEER G. AL-KINDI, \* TORAL PATEL, & PETAR SARIC, & JUN LI, \* FAHD NADEEM, \* JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY Tu · ⊂ ↓ adas,§ Amer Alaiti,‡ Ann Phillips,‡ Benjamin Medalion,‡ Salil Deo,‡ Yakov Elgudin,‡ Marco A. Costa,‡ © 2022 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION Cull herme F, Attizzani,‡ Guilherme H, Oliveira,‡ Basar Sareyyupoglu,‡ and Hiram G. Bezerra‡ Мона

Mechanical Left Ventricular Unloading Patients Undergoing Venoarterial Extracorporeal Membrane Oxygenation E. Wilson Grandin, MD, MPH, MED, <sup>a,b</sup> Jose I. Nunez, MD, <sup>c</sup> Brooks Willar, MD, <sup>d</sup> Kevin Kennedy, MS, <sup>b</sup> Peter Rycus, MPH, <sup>e</sup> Joseph E. Tonna, MD, MS, <sup>e,f</sup> Navin K. Kapur, MD, <sup>g</sup> Shahzad Shaefi, MD, MPH, <sup>h</sup>

Early Impella Support in Postcardiac Arrest Cardiogenic Shock Complicating Acute Myocardial Infarction Improves Short- and Long-Term Survival\* JACC: HEART FAILURE © 2023 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION



Timing of Active Left Ventricular Unloading in Patients on Venoard Extracorporeal Membrane Oxygenation Therapy

CLINICAL RESEARCH

Benedikt Schrage, MD, PitD<sup>, s,b,\*</sup> Jonas Sundermeyer, MD, <sup>s,b,\*</sup> Stefan Blankenberg, MI Dennis Eckner, MD,<sup>4</sup> Matthias Eden, MD,<sup>6</sup> Ingo Eitel, MD,<sup>1</sup> Derk Frank, MD,<sup>1</sup> Norbert Paulus Kirchhof, MD,<sup>albah</sup> Danny Kupka, MD,<sup>i</sup> Ulf Landmesser, MD,<sup>i</sup> Axel Linke, MD,<sup>i</sup> Norman Mangner, MD,<sup>k</sup> Octavian Maniuc, MD,<sup>m</sup> Johannes Mierke, MD,<sup>k</sup> Sven Möbius David A. Morrow, MD, MPH,<sup>o</sup> Marc Mourad, MD,<sup>c</sup> Peter Nordbeck, MD,<sup>m</sup> Martin Orbar Federico Pappalardo, MD,<sup>Gr</sup> Sandeep M. Patel, MD,<sup>a</sup> Matthias Pauschinger, MD.<sup>d</sup> Vitto
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### Left Ventricular Unloading During Extracorporeal Membrane Oxygenation in Patients With Cardiogenic Shock



Juan J. Russo, MD,<sup>a</sup> Natasha Aleksova, MD,<sup>b</sup> Ian Pitcher, MD,<sup>a</sup> Etienne Couture, MD, MPH,<sup>a</sup> Simon Parlow, MD,<sup>a</sup> Mohammad Faraz, MD,<sup>a</sup> Sarah Visintini, BA, MLIS,<sup>a</sup> Trevor Simard, MD,<sup>a</sup> Pietro Di Santo, MD,<sup>a</sup> Rebecca Mathew, MD,<sup>a</sup> Derek Y. So, MD, MSc,<sup>a</sup> Koji Takeda, MD, PHD,<sup>c</sup> A. Reshad Garan, MD,<sup>c</sup> Dimitrios Karmpaliotis, MD, PHD,<sup>c</sup> Hiroo Takayama, MD, PHD,<sup>c</sup> Ajay J. Kirtane, MD, SM,<sup>c</sup> Benjamin Hibbert, MD, PHD<sup>a</sup>



<b>CENTRAL ILLUSTRATION</b> Left Ventricular Unloading During Venoarterial Extracorporeal Membrane Oxygenation										
	Unlo	ading	No Unloading			Risk Ratio				
Study or Subgroup	Events	Total	Events	Total	Weight	Mantel-Haenszel, Random, 95% CI				
1.1.1 Intra-Aortic Ball	oon Pump									
Aoyama, 2014	22	35	2	3	1.2%					
Aso, 2016	330	604	708	1,046	14.3%	+				
Brechot, 2018	45	104	92	155	7.5%					
Doll, 2004	105	143	62	76	11.7%					
Kai Chen, 2018	17	38	17	22	3.9%					
Lin, 2016	144	302	110	227	10.3%	+				
Overtchouk, 2018	33	63	34	43	6.7%					
Park, 2014	21	41	30	55	4.5%					
Ro, 2014	41	60	139	193	9.7%	-				
Sakamoto, 2012	62	94	4	4	5.6%					
Tepper, 2018	15	30	22	30	3.9%					
Wang, 2013	13	41	31	46	3.0%					
Subtotal (95% CI)		1,555		1,900	82.3%	•				
Total events	848		1,251							
1.1.2 Percutaneous L	eft-Ventric	ular Sup:	port							
Akanni, 2018	16	29	100	196	5.0%					
Pappalardo, 2017	16	34	98	123	4.7%					
Patel, 2018	17	30	28	36	4.9%					
Subtotal (95% CI)		93		355	<b>14.6%</b>	-				
Total events	49		226							
1.1.3 Right Upper Pul	lmonary Ve	ein or Tra	Insseptal I	.eft Atria	l Cannula					
Poptsov, 2014	2	28	6	18	0.4%					
Shmack, 2017	9	20	21	28	2.7%					
Subtotal (95% CI)		48		46	3.1%					
Total events	11		27							
Total (95% CI)		1,696		2,301	100.0%	•				
Total events	908		1,504							
						0.1 0.2 0.5 1 2 5 10				
						Favors Favors				
						Unloading Not Unloading				

#### Russo, J.J. et al. J Am Coll Cardiol. 2019;73(6):654-62.

The association between left ventricular unloading during VA-ECMO for cardiogenic shock and all-cause mortality was assessed before and after stratification by left ventricular unloading strategy (IABP, pVAD, or RUPV or trans-septal left atrial cannula). The Mantel-Haenszel method was used to examine the overall risk ratio associated with left ventricular unloading during VA-ECMO using a random effects model. Left ventricular unloading during VA-ECMO for cardiogenic shock was associated with reduced mortality (RR: 0.79; 95% CI: 0.72 to 0.87; p < 0.00001). There was no heterogeneity in this association in relation to the specific left ventricular unloading strategy used (p = 0.47). CI = confidence interval; IABP = intra-aortic balloon pump; LA = left atrial; pVAD = percutaneous ventricular assist device; RR = relative risk; RUPV = right upper pulmonary vein; VA-ECMO = venoarterial extracorporeal membrane oxygenation.



ASAIO Journal 2019

### Simultaneous Venoarterial Extracorporeal Membrane Oxygenation and Percutaneous Left Ventricular Decompression Therapy with Impella Is Associated with Improved Outcomes in Refractory Cardiogenic Shock

Sandeep M. Patel,\* Jerry Lipinski,† Sadeer G. Al-Kindi,‡ Toral Patel,§ Petar Saric,§ Jun I Alaiti,‡ Ann Phillips,‡ Benjamin Medalion,‡ Salil Deo,‡ Yakov Elgud : Guilherme F. Attizzani,‡ Guilherme H. Oliveira,‡ Basar Sareyyupog





Simultaneous Venoarterial Extracorporeal Membrane Oxygenation and Percutaneous Left Ventricular Decompression Therapy with Impella Is Associated with Improved Outcomes in Refractory Cardiogenic Shock



Figure 1. A: 30 day and (B) 1 year Kaplan–Meier survival estimates demonstrating statistically significant and maintained improved cumulative survival for the ECPELLA strategy as compared with VA-ECMO strategy. VA-ECMO, venoarterial extracorporeal membrane oxygenation. full color



# LV Unloading & Reduced Mortality in VA ECMO





# LV Unloading & Reduced Mortality in VA ECMO

		<u>30-day</u>	mortality			
Variable	Ν	ECMELLA	VA-ECMO		HR (95% CI)	p-interaction
Age				2		NS
<52 years	167	41.4% (36/87)	46.3% (37/80)		0.81 (0.52-1.29)	
52-62 years	173	59.3% (48/81)	68.5% (63/92)	<b>⊢−−−■</b> −− <b>−†</b> 1	0.75 (0.52-1.09)	
>62 years	170	70.1% (61/87)	74.7% (62/83)		0.80 (0.56-1.14)	
Sex						0.19
Female	120	46.7% (28/60)	63.3% (38/60)	H	0.59 (0.36-0.96)	
Male	390	60.0% (117/195)	63.6% (124/195)	F	0.85 (0.66-1.10)	
Cause of CS						0.84
AMI	321	56.6% (90/159)	61.7% (100/162)	<b>⊢⊒</b> ↓I	0.80 (0.60-1.06)	
Non-ischemic	187	57.3% (55/96)	66.7% (62/91)		0.76 (0.53-1.10)	
Prior cardiac arrest						0.14
Yes	341	59.4% (101/170)	70.2% (120/171)	⊢	0.69 (0.53-0.90)	
No	169	51.8% (44/85)	50.0% (42/84)	⊢ <b>#</b> (	1.01 (0.66-1.55)	
eCPR						0.39
Yes	172	70.2% (59/84)	73.9% (65/88)		0.90 (0.64-1.29)	
No	338	50.3% (86/171)	58.1% (97/167)		0.74 (0.55-0.99)	
Lactate						NS
<5 mmol/l	150	44.3% (31/70)	43.8% (35/80)		0.99 (0.61-1.60)	
5-10.8 mmol/l	159	61.0% (47/77)	76.8% (63/82)		0.68 (0.47-0.99)	
>10.8 mmol/l	138	67.2% (43/64)	74.3% (55/74)		0.66 (0.44-0.98)	
SAVE score						NS
>-6	130	47.8% (33/69)	59.0% (36/61)		0.70 (0.44-1.12)	
-611	143	57.3% (43/75)	63.2% (43/68)		0.85 (0.56-1.30)	
<-11	112	75.0% (48/64)	81.3% (39/48)		0.70 (0.46-1.06)	
SAPS II						NS
<52	134	43.7% (31/71)	61.9% (39/63)		0.58 (0.36-0.92)	
52-76	151	59.2% (42/71)	60.0% (48/80)		0.90 (0.59-1.36)	
>76	137	72.0% (59/82)	74.6% (39/41)		0.85 (0.57-1.27)	
Overall	510	56.9% (145/255)	63.5% (162/255)		0.79 (0.63-0.98)	0.03
			. ,			
				0.30 0.50 0.75 1.0 1.25 1.5 1.75	5	
				Favors ECMELLA	A-ECMO	

Figure 3. Association between ECMELLA use and 30-day all-cause mortality in prespecified subgroups.



# LV Unloading &

### **Reduced Mortality in VA ECMO** *comes at a price!?*

		Severe t	pleeding					
Variable	N	ECMELLA	VA-ECMO				OR (95% CI)	p-interactio
Age								NS
<52 years	165	37.9% (33/87)	32.2% (19/78)	H	_	-	1.90 (0.97-3.77)	
52-62 years	172	42.0% (34/81)	18.7% (17/91)				3.15 (1.60-6.38)	
>62 years	170	35.6% (31/87)	10.8% (9/83)		-		4.55 (2.08-10.86)	
Sex								0.05
Female	120	51.7% (31/60)	15.0% (9/60)			)	6.06 (2.62-15.17)	
Male	387	40.0% (67/195)	18.8% (36/192)			4	2.27 (1.43-3.65)	
Cause of CS								0.08
AMI	320	40.3% (64/159)	17.5% (24/161)				3.85 (2.27-6.68)	
Non-ischemic	187	35.4% (34/96)	23.1% (21/91)		-		1.83 (0.97-3.51)	
Prior cardiac arrest								0.43
Yes	339	42.9% (73/170)	18.9% (32/169)				3.22 (1.99-5.31)	
No	168	29.4% (25/85)	15.7% (13/83)	-	_		2.24 (1.07-4.88)	
eCPR								0.47
Yes	171	45.2% (38/84)	25.3% (22/87)	- I F	_		2.44 (1.29-4.71)	
No	336	35.1% (60/171)	13.9% (23/165)				3.34 (1.97-5.82)	
Lactate								NS
<5 mmol/l	149	27.1% (19/70)	13.9% (11/79)		_		2.30 (1.02-5.41)	
5-10.8 mmol/l	159	46.8% (36/77)	15.9% (13/82)				4.66 (2.26-10.08)	
>10.8 mmol/l	136	43.8% (28/64)	22.2% (16/72)	F	-		2.72 (1.31-5.82)	
SAVE score								NS
>-6	130	31.9% (22/69)	14.8% (9/61)		_		2.70 (1.16-6.74)	
-611	143	38.7% (29/75)	22.1% (15/68)	-	_		2.23 (1.08-4.75)	
<-11	112	54.7% (35/64)	35.6% (16/45)		_		2.19 (1.01-4.87)	
SAPS II								NS
<52	134	33.1% (24/71)	20.6% (13/63)	-	-		1.96 (0.91-4.40)	
52-76	151	26.8% (19/71)	18.8% (15/80)	(			1.58 (0.74-3.46)	
>76	137	52.4% (43/82)	30.8% (16/52)		-		2.48 (1.21-5.25)	
Overall	507	38.4% (98/255)	17.9% (45/252)				2.87 (1.92-4.35)	<0.01
				rt	1	1 1		
				0.90	2.5	5.0 7.5		
				➡ <sup>H</sup>	igher likeliho	od in		
					ECMELLA			

Figure 4. Association between ECMELLA use and severe bleeding in prespecified subgroups.



# LV Unloading &

### **Reduced Mortality in VA ECMO comes at a price!?**

		Intervention d site related	ue to access- l ischemia				
Variable	N	ECMELLA	VA-ECMO			OR (95% CI)	p-interaction
Age							NS
<52 years	165	24.1% (21/87)	12.8% (10/78)	+		2.16 (0.97-5.12)	
52-62 years	172	24.7% (20/81)	15.4% (14/91)	+		1.80 (0.85-3.93)	
>62 years	170	16.1% (14/87)	8.4% (7/83)	+		2.08 (0.82-5.77)	
Sex							0.38
Female	120	21.7% (13/60)	16.7% (10/60)	+		1.38 (0.56-3.53)	
Male	387	21.5% (42/195)	10.9% (21/192)			2.24 (1.28-4.01)	
Cause of CS							0.66
AMI	320	21.4% (34/159)	13.0% (21/161)			1.81 (1.01-3.33)	
Non-ischemic	187	21.9% (21/96)	11.0% (10/91)	-		2.27 (1.02-5.32)	
Prior cardiac arrest							0.21
Yes	339	25.3% (43/170)	12.4% (21/169)			2.39 (1.36-4.30)	
No	168	14.1% (12/85)	12.1% (10/83)	++		1.20 (0.49-3.01)	
eCPR							0.21
Yes	171	29.8% (25/84)	12.8% (11/87)			2.93 (1.36-6.65)	
No	336	17.5% (30/171)	12.1% (20/165)	+		1.54 (0.84-2.88)	
Lactate							NS
<5 mmol/l	149	18.6% (13/70)	8.9% (7/79)	-		2.35 (0.90-6.60)	
5-10.8 mmol/l	159	20.8% (16/77)	13.4% (11/82)	+		1.69 (0.74-4.02)	
>10.8 mmol/l	136	31.3% (20/64)	11.1% (8/72)		· · · · · · · · · · · · · · · · · · ·	3.64 (1.52-9.46)	
SAVE score							NS
>-6	130	20.3% (14/69)	8.2% (5/61)	-	<b></b>	2.85 (1.02-9.31)	
-611	143	22.7% (17/75)	13.2% (9/68)	+		1.92 (0.81-4.84)	
<-11	112	26.6% (17/64)	6.7% (3/45)		↓ <b>→</b>	5.06 (1.57-22.79)	
SAPS II							NS
<52	134	15.5% (11/71)	9.5% (6/63)	(		1.74 (0.62-5.34)	
52-76	151	18.3% (13/71)	15.0% (12/80)	+		1.27 (0.54-3.03)	
>76	137	30.5% (25/82)	15.4% (8/52)	H	-	2.41 (1.03-6.19)	
Overall	507	21.6% (55/255)	12.3% (31/252)			1.96 (1.22-3.20)	<0.01
					1 1 1		
				0.90	2.5 5.0 7.	5	
				-	Higher likelihood in ECMELLA		

Figure 5. Association between ECMELLA use and intervention because of access site-related ischemia in prespecified subgroups.



### **Mechanical Unloading in Fulminant Myocarditis** LV-IMPELLA, ECMELLA, BI-PELLA, and PROPELLA Concepts





### **Mechanical Unloading in Fulminant Myocarditis** LV-IMPELLA, ECMELLA, BI-PELLA, and PROPELLA Concepts



### cardiac unloading effect !?

Tschöpe C. et al. JCTR. 2019



### **Mechanical Unloading in Fulminant Myocarditis** PROPELLA Concept



Spillmann F. et al. EHJ. 2019

#### RESUSCITATION 186 (2023) 109775



#### **Clinical paper**

# Left-ventricular unloading in extracorporeal cardiopulmonary resuscitation due to acute myocardial infarction – A multicenter study



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# ECPR – AMI ECMELLA vs VA ECMO survival

unmatched vs. propensity score-matched





Thevathasan T al. Resuscitation 2023

### Early Impella Support in Postcardiac Arrest Cardiogenic Shock Complicating Acute Myocardial Infarction Improves Short- and Long-Term Survival\*

**OBJECTIVES:** Early mechanical circulatory support with Impella may improve survival outcomes in the setting of postcardiac arrest cardiogenic shock after out-of-hospital cardiac arrest complicating acute myocardial infarction. However, the optimal timing to initiate mechanical circulatory support in this particular setting remains unclear. Therefore, we aimed to compare survival outcomes of patients supported with Impella 2.5 before percutaneous coronary intervention (pre-PCI) with those supported after percutaneous coronary intervention (post-PCI).

**DESIGN:** Retrospective single-center study between September 2014 and December 2019 admitted to the Cardiac Arrest Center in Marburg, Germany.

**PATIENTS:** Out of 2,105 patients resuscitated from out-of-hospital cardiac arrest due to acute myocardial infarction with postcardiac arrest cardiogenic shock between September 2014 and December 2019 and admitted to our regional cardiac arrest center, 81 consecutive patients receiving Impella 2.5 during admission coronary angiogram were identified.

**OUTCOMES/MEASUREMENTS:** Survival outcomes were compared between those with Impella support pre-PCI to those with support post-PCI. Georgios Chatzis, MD, PhD<sup>1,2</sup> Birgit Markus, MD<sup>1</sup> Ulrich Luesebrink, MD<sup>1</sup> Holger Ahrens, MD<sup>1</sup> Dimitar Divchev, MD<sup>1</sup> Styliani Syntila, MD<sup>1</sup> Nora Scheele, MD<sup>1</sup> Hanna Al Eryani, MD<sup>1</sup> Dimitris Tousoulis, MD, PhD, FESC, FACC<sup>2</sup> Bernhard Schieffer, MD, PhD<sup>1</sup> Konstantinos Karatolios, MD<sup>1</sup>



# Impella 2.5 – AMI shock post cardiac arrest

pre PCI vs. post PCI



Chatzis G et al. Crit Care Med 2021



# **Preclinical LV unloading**

### Impella<sup>®</sup> prior to reperfusion

Animal/device	Occluded vessel	Duration of <mark>ischemia</mark> (min)	Duration of reperfusion (min)	Study design	Infarct size end point	Infarct size (%)	Study (year)
Sheep (Impella 5.0)	LAD	60	120	Group 1: reperfusion only (control) Group 2: full support from onset of ischemia (60 min) and during reperfusion Group 3: full support during reperfusion Group 4: partial support during reperfusion	Infarct percent size (TTC and Evan's blue)	Group 1: $67.2 \pm 4.6\%$ Group 2: $18.1 \pm 10\%$ Group 3: $41.6 \pm 5.8\%$ Group 4: $54.0 \pm 8\%$	Meyns <i>et al.</i> (2003)
Swine (Impella CP <sup>®</sup> )	LAD	90	120	Group 1: reperfusion only (control) Group 2: 60 min support before reperfusion	Infarct percent size (TTC)	Group 1: 74 $\pm$ 11% Group 2: 42 $\pm$ 8%	Kapur et al. (2015)
Swine (Impella)	LAD	90	120	Group 1: reperfusion only (control) Group 2: 15 min support before reperfusion Group 3: 30 min support before reperfusion Group 4: 60 min support before reperfusion Group 5: 30 min reperfusion followed by LV unloading and an additional 120 min reperfusion	Reduction in infarct size <sup>†</sup> (TTC)	Group 1: no Group 2: no Group 3: yes Group 4: yes Group 5: no	Kapur et <i>al.</i> (2015) <sup>†</sup>
Swine (Impella LD)	LCx	120	120	Group 1: reperfusion only (control) Group 2: support (90 min after onset of ischemia and during reperfusion)	Infarct percent size	Group 1: 35.3 $\pm$ 6.2% Group 2: 18.1 $\pm$ 4.8%	Sun <i>et al.</i> (2015)
Swine (Impella CP)	LAD	90	120	Group 1: reperfusion only (control) Group 2: 15 min support before reperfusion Group 3: 30 min support before reperfusion Group 4: 30 min reperfusion followed by 90 min reperfusion with support	Infarct percent size (TTC and Evan's blue)	Group 1: $62.2 \pm 1.7\%$ Group 2: NS <sup>‡</sup> Group 3: $33.3 \pm 5\%$ Group 4: NS <sup>‡</sup>	Esposito et al. (2018)
Canine (Impella CP)	LAD (+LCx)	180	60	Group 1: sham (thoracotomy only) Group 2: reperfusion only (control) Group 3: partial support (60 min after onset of ischemia to 60 min after reperfusion) Group 4: full support (60 min after onset of ischemia to 60 min after reperfusion)	Infarct percent size (TTC)	Group 1: NA Group 2: $16.3 \pm 2.6\%$ Group 3: $8.5 \pm 4.3\%$ Group 4: $2.1 \pm 1.6\%$	Saku et <i>al.</i> (2018)
Swine (Impella CP)	LAD	120	180	Group 1: 30 min continued occlusion (control) Group 2: 30 min Impella support before reperfusion Group 3: 30 min extracorporeal membrane oxygenation support before reperfusion	Infarct percent size (TTC and Evan's blue)	Group 1: 52 $\pm$ 15% Group 2: 34 $\pm$ 6% Group 3: NS	Briceno e <i>t al.</i> (2019)
Swine (Impella CP)	LAD	60	120	Group 1: reperfusion only (control) Group 2: support only before reperfusion Group 3: support with immediate reperfusion	Infarct percent size (TTC and Evan's blue)	Group 1: $54.7 \pm 20.3\%$ Group 2: $43.3 \pm 24.6\%$ Group 3: $22.1 \pm 13.4\%$	Ko et al. (2020)

<sup>†</sup>This preclinical study was reported in a TCT presentation. An additional metric of infarct size reduction, infarct size as percentage of area at risk, was presented as a figure accompanying the presentation; however, exact measurements were not provided. Per the figure bar charts, infarct size as a percentage of area-at-risk was ~67% in group 1, ~60% in group 2, ~30% in group 3, ~40% in group 4 and ~55% in group 5, indicating that best infarct size outcome was achieved with 30 min of unloading prior to reperfusion.

<sup>‡</sup>Infarct percent sizes in group 2 and 4 were not provided; however, the authors state that unloading followed by perfusion in these two groups failed to reduce infarct size compared with reperfusion alone. LAD: Left anterior descending; LCx: Left circumflex; LV: Left ventricle; NA: Not available; NS: No significant reduction; TTC: Triphenyltetrazolium chloride.



# Impella 2.5 – AMI shock post cardiac arrest

pre PCI vs. post PCI



Chatzis G et al. Crit Care Med 2021





JACC: HEART FAILURE © 2023 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION PUBLISHED BY ELSEVIER

**CLINICAL RESEARCH** 

### Timing of Active Left Ventricular Unloading in Patients on Venoarterial Extracorporeal Membrane Oxygenation Therapy

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Schrage B et al. J Am Coll Cardiol HF 2023





Schrage B et al. J Am Coll Cardiol HF 2023

### **CENTRAL ILLUSTRATION** Association Between Timing of Active LV Unloading and 30-Day Mortality



The y-axis displays the interval between initiation of active left ventricular (LV) unloading and venoarterial extracorporeal membrane oxygenation (VA-ECMO) implantation in hours, with negative values indicating initiation of active LV unloading before VA-ECMO implantation. The x-axis displays the HR for the outcome of 30-day mortality based on an adjusted Cox regression model.

Schrage B et al. J Am Coll Cardiol HF 2023



### ORIGINAL ARTICLE

# Optimal Strategy and Timing of Left Ventricular Venting During Veno-Arterial Extracorporeal Life Support for Adults in Cardiogenic Shock

A Systematic Review and Meta-Analysis

Abdulrahman A. Al-Fares, MD\*; Varinder K. Randhawa, MD, PhD\*; Marina Englesakis, MLIS; Michael A. McDonald, MD; A. Dave Nagpal, MD, MHSc; Jerry D. Estep, MD; Edward G. Soltesz, MD, MPH; Eddy Fan, MD, PhD





Circulation: Heart Failure 2019



#### **ORIGINAL ARTICLE**

### Optimal Strategy and Timing of Left Ventricular Venting During Veno-Arterial Extracorporeal Life Support for Adults in Cardiogenic Shock

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Risk Ratio IV. Random. 95% CI

**Circulation: Heart Failure 2019** 

### **ORIGINAL ARTICLE**

#### **Risk Ratio** IV, Random, 95% CI Optimal Strategy and Timing of Left Ventricular Venting During Veno-Arterial Extracorporeal Life Support for Adults in Cardiogenic Shock A Systematic Review and Meta-Analysis Abdulrahman A. Al-Fares, MD\*; Varinder K. Randhawa, MD, PhD\*; Marina Englesakis, MLIS; Michael A. McDonald, MD; A. Dave Nagpal, MD, MHSc; Jerry D. Estep, MD; Edward G. Soltesz, MD, MPH; Eddy Fan, MD, PhD Early (<12h) LV venting (IABP, Impella or other percutaneous or surgical technique) is associated with increased weaning succes and reduced 30d mortality. ... was associated with longer duration of ECLS and mechanical ventilation, without impacting overall ICU length of stay r.34, df = 3 (P = 0.02); $l^2 = 71\%$ ect. Z = 0.64 (P = 0.52)Total (95% CI) 1453 1637 100.0% 0.86 [0.77, 0.96] Total events 755 971 Heterogeneity. Tau<sup>2</sup> = 0.02; Chi<sup>2</sup> = 31.22, df = 16 (P = 0.01); $I^2$ = 49% 01 0'2 0.5 10 Test for overall effect: Z = 2.67 (P = 0.008) Favours VA-ECLS + LV vent Favours VA-ECLS alone Test for subgroup differences: $Chi^2 = 6.42$ , df = 3 (P = 0.09), $I^2 = 53.2\%$ Footnotes (1) Propensity matched (2) Propensity matched (3) Predominantly IABP + LA vents in 3 patients (4) Predominantly Impella + surgical vent in 17 patients (LV, PA, LA) and IABP in 15 patients (5) Predominantly IABP + LV vent in 6 patients (at RUPV or atrial septostomy) (6) Predominantly LV surgical vent + IABP in 17 patients

Circulation: Heart Failure 2019

# LV Mechanical Unloading & Outcomes During VA ECMO





Grandin EW et al. JACC 2022

# LV Mechanical Unloading & Outcomes During VA ECMO

- --- Mechanical Unloading ----- pVAD Use
- + IABP Use

VA-ECMO Cases





Grandin EW et al. JACC 2022





### Left Ventricular Unloading With Impella Versus IABP in Patients With VA-ECMO: A Systematic Review and Meta-Analysis



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> Venoarterial extracorporeal membrane oxygenation (VA-ECMO) use for circulatory support in cardiogenic shock results in increased left ventricular (LV) afterload. The use of concomitant Impella or intra-aortic balloon pump (IABP) have been proposed as adjunct devices for LV unloading. The authors sought to compare head-to-head efficacy and safety outcomes between the 2 LV unloading strategies. We conducted a search of Medline, EMBASE, and Cochrane databases to identify studies comparing the use of impelia to IABP in patients on VA-ECMO. The primary outcome of interest was in-hospital mortality. The secondary outcomes included transition to durable LV assist devices/cardiac transplantation, stroke, limb ischemia, need for continuous renal replacement therapy, major bleeding, and hemolysis. Pooled risk ratios (RRs) with 95% confidence interval and heterogeneity statistic  $I^2$  were calculated using a random-effects model. A total of 7 observational studies with 698 patients were included. Patients on VA-ECMO unloaded with Impella vs IABP had similar risk of short-term all-cause mortality, defined as either 30day or in-hospital mortality- 60.8% vs 64.9% (RR 0.93 [0.71 to 1.21],  $I^2 = 71\%$ ). No significant difference was observed in transition to durable LV assist devices/cardiac transplantation, continuous renal replacement therapy initiation, stroke, or limb ischemia between the 2 strategies. However, the use of VA-ECMO with Impella was associated with increased risk of major bleeding (57.2% vs 39.7%) (RR 1.66 [1.12 to 2.44], I<sup>2</sup> = 82%) and hemolysis (31% vs 7%) (RR 4.61 [1.24 to 17.17], I2 = 66%) compared with VA-ECMO, along with IABP. In conclusion, in patients requiring VA-ECMO for circulatory support, the concomitant use of Impella or IABP had comparable short-term mortality. However, Impella use was associated with increased risk of major bleeding and hemolysis. © 2023 Elsevier Inc. All rights reserved. (Am J Cardiol 2023;208:53–59)





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Figure 4. Meta-analysis of LV unloading with VA-ECMO+Impella versus VA-ECMO+IABP.

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Α									
Study	Year	ECMO+Ir Events	npella Total	ECMO Events	+IABP Total	Mortality	RR with 95% Cl	Weight	
			Total					(/4)	
Piechura et al	2020	12	19	12	16		0.84 [ 0.54, 1.31]	13.18	
Char et al	2021	51	72	29	68		<b>—</b> 1.66 [ 1.21, 2.27]	16.16	
Au et al	2021	10	14	31	52			14.17	
Nakajima et al	2021	30	49	64	91		0.87 [ 0.67, 1.13]	17.35	
Unoki et al	2021	14	30	65	82 —	- <b>-</b>	0.59 [ 0.39, 0.88]	13.68	
Takahashi et al	2022	13	22	83	119		0.85 [ 0.59, 1.22]	14.91	
Shibasaki et al	2022	9	23	23	41 —		0.70 [ 0.39, 1.24]	10.55	
Overall							0.93 [ 0.71, 1.21]		
Heterogeneity: T	$r^2 = 0.09, I$	² = 71.77%, ⊦	l <sup>2</sup> = 3.54						
Test of $\theta_{i} = \theta_{i}$ : Q	Test of $A = A : O(6) = 20.85 \text{ n} = 0.00$								
Test of $\theta = 0$ ; $z = -0.56$ , $p = 0.58$					Favors ECMO+Impella		Favors ECMO+IABP		
						0.5 1	2		
Random-effects [	DerSimoni	an–Laird mod	lel						

#### В

_		ECMO+I	mpella	ECMO+	IABP				RR	Weight
Study	Year	Events	Total	Events	Total		LVAD/Hea	rt transplant	with 95% Cl	(%)
Piechura et al	2020	2	19	3	16		•		- 0.56 [ 0.11, 2.96	6] 9.97
Char et al	2021	6	72	12	68	-	•	<u> </u>	0.47 [ 0.19, 1.19	9] 32.35
Nakajima et al	2021	10	49	18	91		_	- <b>•</b>	1.03 [ 0.52, 2.06	6] 57.68
Overall									0.75 [ 0.45, 1.27	7]
Heterogeneity:	$t^2 = 0.00$	$I_{2} = 0.0$	0%, H²	= 1.00						
Test of $\theta_i = \theta_i$ : C	(2) = 1.	90, p = 0	.39							
Test of $\theta = 0$ : $z = -1.05$ , $p = 0.29$						Favors E	CMO+Impel	la Favors	ECMO+IABP	
		•			_	0.12 (	0.25 0.5	1 2	_	

Random-effects DerSimonian-Laird model

Ghandi KD et al. Am J Cardiol 2023



Intensive Care Med (2024) 50:209–221 https://doi.org/10.1007/s00134-023-07278-3

### SYSTEMATIC REVIEW

# Mechanical circulatory support for cardiogenic shock: a network meta-analysis of randomized controlled trials and propensity score-matched studies

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Low CJW et al. Am J Cardiol 2023





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## Another plea for temporary MCS ...

Treatment	MCS de (All-	evices vs. no M cause Mortalit	ICS y) OR	95% CI	
ECMO+IABP			0.54	[0.33; 0.86]	
ECMO+mVAD		-	0.61	[0.34; 1.10]	
mVAD	+		0.70	[0.52; 0.94]	
IABP	-+		0.77	[0.62; 0.95]	
cVAD		<u> </u>	0.90	[0.34; 2.39]	
ECMO		-	0.99	[0.75; 1.30]	
No MCS			1.00		
mVAD+IABP		•	4.52	[0.17; 120.26]	
Γ			l		
0.1	0.5 1	125	130		
Favours MCS Favours no MCS					
<b>Fig. 3</b> Network forest plot demonstrating network estimates for all outcomes. While the IABP and mVAD estimates demonstrate significance here, we derived the final estimates from direct and indirect estimates, respectively, for those outcomes, based on our supplemental Methods					



#### COMMENT

#### **Open Access**

**Critical Care** 

#### Mechanical circulatory support in cardiogenic shock: microaxial flow pumps for all and VA-ECMO consigned to the museum?

Daniel De Backer<sup>1\*</sup>, Dirk W. Donker<sup>2,3</sup>, Alain Combes<sup>4</sup>, Alexandre Mebazaa<sup>5</sup>, Jacob E. Moller<sup>6,7</sup> and Jean-Louis Vincent<sup>8</sup>

**Table 1** Main differences in the three largest randomized controlled trials (RCTs) on mechanical circulatory support (MCS) in cardiogenic shock

	Ostadal et al. [4]	Thiele et al. [5]	Moller et al. [9]
MCS type	VA-ECMO	VA-ECMO	MFP
Patients	SCAI D-E	SCAI C-E (SCAI C 53%)	SCAI C-E (SCAI C 55%)
Cardiac arrest exclusions (proportion of included patients who were post-CA)	Comatose after cardiac arrest excluded (post-CA 11%)	CPR > 45 min excluded (post-CA 78%)	Comatose after cardiac arrest excluded (post-CA 20%)
Mechanical ventilation at inclusion	70%	88%	18%
Unloading strategy	22%	6%	Not relevant
Rescue MCS in control group	Rescue VA-ECMO 39%	Rescue VA-ECMO 13% Rescue MFP 13%	Rescue VA-ECMO 13%
Additional MCS in intervention group	0%	0%	Rescue VA-ECMO 12% Other MFP 16%



#### Incidence and Implications of Left Ventricular Distention During Venoarterial Extracorporeal Membrane Oxygenation Support

Lauren K. Truby,\* Koji Takeda,† Christine Mauro,‡ Melana Yuzefpolskaya,\* Arthur R. Garan,\* Ajay J. Kirtane,\* Veli K. Topkara,\* Darryl Abrams,\* Daniel Brodie,\* Paolo C. Colombo,\* Yoshifumi Naka,† and Hiroo Takayama†



#### EC-VAD: Combined Use of Extracorporeal Membrane Oxygenation and Percutaneous Microaxial Pump Left Ventricular Assist Device

Olutosin J. Akanni,\* Koji Takeda,\* Lauren K. Truby,† Paul A. Kurlansky,\* Codruta Chiuzan,‡ Jiho Han,\* Veli K. Topkara,† Melana Yuzefpolskaya,† Paolo C. Colombo,† Dimitrios Karmpaliotis,† Jeffery W. Moses,† Yoshifumi Naka,\* A. Reshad Garan,† Ajay J. Kirtane,† and Hiroo Takayama\*





### Pulmonary artery diastolic P (= LVEDP)





## Mechanistic insights – physiological reasoning

**RV - LV interdependence in ECMO** 



Donker DW et al. ASAIO J 2021

#### **IMPOSSIBLE without ... RV-LV interdependency under ECMO**



## Mechanistic insights – physiological reasoning

**RV - LV interdependence in ECMO** 



Donker DW et al. ASAIO J 2021

### VA ECMO versus native heart

#### competition in peripheral VA ECMO





Courtesy of Alois Philipp, Regensburg



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EUROPEAN RESUSCITATION COUNCIL

#### **Editorial**

# Left ventricular unloading during VA-ECMO: A Gordian knot of physiology



We suggest that the best way to break the Gordian knot of unloading is to refine our understanding of VA-ECMO physiology. Left ventricular unloading has been theoretically proposed to have two main physiologic benefits in patients on VA-ECMO: (1) reduction in left ventricular afterload and (2) a reduction of LV preload and, consequently, pulmonary vascular pressures – particularly pulmonary capillary wedge pressure. However, these theoretical benefits are not supported by strong physiologic data.

Rajat Kalra et al. Resuscitation 2024

### **Gordian knot ?**



Rajat Kalra et al. Catheter Cardiovasc Interv. 2024

### **Discrepancy between** *theory* and *practice* ?



**CENTRAL ILLUSTRATION 1** Invasive and theoretical left ventricular pressure volume loops at high and low VA-ECMO support.

Rajat Kalra et al. Catheter Cardiovasc Interv. 2024





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Perfusion

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The physiology of venoarterial extracorporeal membrane oxygenation - A comprehensive clinical perspective

Libera Fresiello,<sup>1</sup> Jeannine A.J. Hermens,<sup>2</sup> Lara Pladet,<sup>2</sup> Christiaan L. Meuwese<sup>3,4</sup> and Dirk W. Donker<sup>1,2</sup>



Left ventricular volume





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Perfusion

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The physiology of venoarterial extracorporeal membrane oxygenation - A comprehensive clinical perspective

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Left ventricular volume

### Cardiac (un-)loading conditions under VA ECMO

an intricate patient - device interaction



Ezad SM et al. Circulation 2023

#### Cardiac mechanical support The *ideal* device !?



Burkhoff D. et al. Catheterization and Cardiovascular Interventions 2012



European Heart Journal (2019) **40**, 2671–2683 European Society doi:10.1093/eurheartj/ehz363

# Management of cardiogenic shock complicating myocardial infarction: an update 2019

Holger Thiele<sup>1,2</sup>\*, E. Magnus Ohman<sup>3</sup>, Suzanne de Waha-Thiele<sup>4</sup>, Uwe Zeymer<sup>5</sup>, and Steffen Desch<sup>1,2</sup>



# Multicenter RCT – ECMELLA - VA ECMO













# **REMAP ECMO**

clinicaltrials.gov NCT 05913622

#### **Dutch ECLS Study group**





### The hemodynamics of VA ECMO

an intricate patient - device interaction







## Take home messages

LV unloading trials - VA ECMO & MCS

- Experimental data provide ...
  *rechanistic rationale*
- Epidemiological evidence ...
  - ✓ hypothesis generating
  - ✓ backbone for daily clinical decision making
  - LV unloading/ adjunct LV unloading
    - early & tailored
    - careful weighing considerable risks & benefits
    - limited group of well-selected patients
- Bedside reasoning remains crucial ...
  - ✓ points to complexity of individual cases
  - ✓ underscores: NOT one size fits all !!!



## Thank you !



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